

ABC

ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ	ΚΥΡΙΑΚΗ	ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ
05:28 7.30	09:00 Rage	07:00 Weekend	06:00 News Breakfast	06:00 News Breakfast	06:00 News Breakfast	06:00 News Breakfast
06:00 NEWS Breakfast	10:30 Rage Guest	Breakfast	09:00 ΕΙΔΗΣΕΙΣ	09:00 ΕΙΔΗΣΕΙΣ	09:00 ΕΙΔΗΣΕΙΣ	09:00 ΕΙΔΗΣΕΙΣ
09:00 ΕΙΔΗΣΕΙΣ	12:00 EIDHSEIS	09:01 Insiders	10:00 Landline	10:00 Our Dawn	10:00 Four Corners	10:00 Four Corners
09:59 Lucy The Human Chimp	12:30 Agatha Raisin	10:00 Offsiders	11:00 Antiques Roadshow	10:30 China Tonight	11:00 D. Attenborough	11:00 David
11:06 Land Of Parrots	2:02 Midsomer Murders	10:31 The World This Week	12:00 ΕΙΔΗΣΕΙΣ	11:00 Catalyst	12:00 ΕΙΔΗΣΕΙΣ	11:00 Attenborough
12:00 ΕΙΔΗΣΕΙΣ	3:33 The ABC Of Garry Mcdonald	11:00 Compass	12:59 Mum	12:00 ΕΙΔΗΣΕΙΣ	12:30 National Press Club Address	12:00 ΕΙΔΗΣΕΙΣ
1:00 Mystery Road: Origin	4:04 Back Roads	11:30 Songs Of Praise: Bristol	1:27 Midsomer Murders	1:00 The Split	Dr Larry Marshall - Chief Executive Of Csiro	12:30 National Press Club Address
1:57 The Good Karma Hospital	4:40 Landline	12:00 ΕΙΔΗΣΕΙΣ	2:57 Grand Designs	1:59 Nolan	1:42 Media Watch	1:41 Media Watch
2:57 Grand Designs Zealand	5:10 Joanna Lumley's Great Cities Of The World	12:30 Landline	3:43 Think Tank	2:59 Grand Designs Zealand	1:59 Parliant	2:00 The Durrells
3:44 Think Tank	6:00 David Attenborough's Great Barrier Reef	1:30 Movin' To The Country	4:42 Tenable	3:44 Think Tank	2:59 Grand Design	2:59 Grand Design
4:44 Tenable	7:00 ΕΙΔΗΣΕΙΣ	2:00 Sydney Symphony Orchestra Live Gala	5:29 Hard Quiz	4:43 Tenable	3:45 Think Tank	3:45 Think Tank
5:30 Hard Quiz	7:32 Grantchester	3:42 Rick Stein's Road To Mexico	6:00 The Drum	5:30 Hard Quiz	4:43 Tenable	4:43 Tenable
6:00 The Drum	8:19 The Split	5:00 Art Works	7:00 ΕΙΔΗΣΕΙΣ	6:00 The Drum	5:29 Hard Quiz	5:29 Hard Quiz
7:00 ΕΙΔΗΣΕΙΣ	9:19 Mystery Road: Origin	5:29 Antiques Roadshow	7:30 7.30	7:00 ΕΙΔΗΣΕΙΣ	3:47 Think Tank	6:00 The Drum
7:32 Movin' To The Country	10:16 Capital	6:29 Compass	8:02 Back Roads	7:30 7.30	4:44 Tenable	7:00 ΕΙΔΗΣΕΙΣ
8:02 Agatha Raisin There Goes The Bride	11:03 High Fidelity	7:00 ΕΙΔΗΣΕΙΣ	8:31 Four Corners	8:02 The ABC Of Sarah Ferguson	5:30 Hard Quiz	7:30 7.30
9:35 Baptiste For Blood	11:29 Rage Guest	7:42 Joanna Lumley	9:19 Media Watch	8:33 Miri Margolyes	6:00 The Drum	8:02 Gruen
10:33 ΕΙΔΗΣΕΙΣ	Phil Jieson	8:30 Mystery Road	9:36 China Tonight	9:33 The Human Revolution	7:00 ΕΙΔΗΣΕΙΣ	8:39 Shaun Micallef's Mad As Hell
10:50 Shaun Micallef's		9:27 Small Axe	10:08 ΕΙΔΗΣΕΙΣ	10:31 ΕΙΔΗΣΕΙΣ	7:30 7.30	9:10 Aftertaste
11:21 Aftertaste		10:34 Fires	10:23 The Business	10:46 The Business	8:02 Gruen	9:39 Adam Hills: The Last Leg
		11:32 Diary	10:40 Catching A Predator	11:03 Four Corners	8:39 Shaun Micallef's	10:22 ΕΙΔΗΣΕΙΣ
			11:40 Jack Irish	11:49 Media Watch	9:10 Aftertaste	10:37 The Business
				10:40 Catching A Predator	9:38 Ad Hills	10:54 Small Axe
				11:40 Jack Irish	10:20 ΕΙΔΗΣΕΙΣ	
					10:35 The Business	
					10:52 Small Axe	

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ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ	ΚΥΡΙΑΚΗ	ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ
09:00 Cook Up	09:00 Cook Up With Adam Liaw	09:00 Cook Up	08:00 Tour De France	09:00 Cook Up	9:00 Fantastical Factory Of Curious Craft	09:00 Fantastical Factory Of Curious Craft
09:05 Fantastical Factory Of Curious Craft	Bitesize	09:05 Love Your Garden	09:00 Tour De France 2022 Replay	09:10 Fantastical Factory Of Curious Craft	09:55 Employable Me	09:55 Employable Me
10:00 Paddington Station 24/7	09:10 Love Your Garden	10:00 Great Canal Journeys	11:00 Tdf Femmes 2022	10:05 Paddington Station 24/7	11:00 Tour De France	11:00 Tour De France
10:55 Cook Up	10:05 Great Canal Journeys	10:55 Cook Up	1:00 Al Jazeera News Hour	10:05 Paddington Station 24/7	1:00 PBS Newshour	01:00 PBS Newshour
11:00 Tour De France	11:00 Tour De France 2022 Replay	11:00 Tour De France 2022	2:00 Destination Flavour	11:00 Tour De France Femmes 2022	2:00 Destination Flavour China Bitesize	02:00 Destination Flavour China Bitesize
1:00 PBS Newshour	Stage 19	1:00 Motorsport: Promx Championships 2022	2:05 Going Places With Ernie Dingo	01:00 PBS Newshour	2:05 Insight	02:05 Insight
2:00 Planet Of Treasures	1:00 PBS Newshour	4:00 Sportswoman 2022, Simone Biles, Gymnastics	2:35 The Cook Up	2:00 Planet Of Treasures Middle East	3:05 Going Places With Ernie Dingo	03:05 Going Places With Ernie Dingo
3:00 Nitv News: Nula 2022	2:00 Superbike World Championship 2022	4:30 Tour De France Highlights, Bonjour Le Tour, Stage 20	3:05 Jeopardy	03:00 Living Black	3:35 The Cook Up With Adam Liaw	03:35 The Cook Up With Adam Liaw
3:30 Destination Flavour China	3:00 Countdown To Qatar 2022	5:30 Unsinkable: Japan's Lost Battleship	3:30 Letters And Numbers	03:30 The Cook Up With Adam Liaw	4:05 Jeopardy	04:05 Jeopardy
3:35 The Cook Up	3:30 Countdown To Qatar 2022	6:30 ΕΙΔΗΣΕΙΣ	4:00 Tour De France	04:00 Jeopardy	4:30 Letters And Numbers	04:30 Letters And Numbers
4:05 Jeopardy	4:00 Trail Towns	7:30 London's Super Tunnel	5:00 Tour De France 2022	04:30 Letters And Numbers	5:00 Tour De France	05:00 Tour De France
4:30 Letters And Numbers	4:30 TOUR De France	8:30 London's Super Tunnel	6:00 The Cook Up With Adam Liaw	05:00 Tour De France	6:00 The Cook Up With Adam Liaw	06:00 The Cook Up With Adam Liaw
5:00 Tour De France 2022	5:30 TAINIA: Fall Of Japan In Colour	9:30 Tour De France	6:30 ΕΙΔΗΣΕΙΣ	06:00 The Cook Up	6:30 ΕΙΔΗΣΕΙΣ	06:30 ΕΙΔΗΣΕΙΣ
6:00 Mastermind	6:30 ΕΙΔΗΣΕΙΣ	11:30 8 Out Of 10 Cats Does Countdown	7:30 Saving Lives At Sea	06:30 ΕΙΔΗΣΕΙΣ	7:35 New York: The City That Never Sleeps	07:35 New York: The City That Never Sleeps
6:30 ΕΙΔΗΣΕΙΣ	7:35 Worlds Most Scenic Railway Journeys		8:40 The Queen's Guard: A Year In Service	07:30 Who Do You Think You Are? Matt Moran	8:30 Jack The Ripper	08:30 Jack The Ripper
7:35 Britain's Beautiful Rivers	8:30 Gone Fishing		9:35 24 Hours In Emergency	08:30 Insight	9:30 Too Close	09:30 Too Close
8:30 Kensington Palace	9:30 Tour De France 2022		10:30 Tour De France	09:30 The Truth About Anxiety	10:30 Tour De France	10:30 Tour De France
9:25 Tour De France 2022				10:35 Tour De France Femmes 2022		

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