



## Greek coffee may hold key to longevity

Greek coffee, which is boiled and sipped when the residue settles at the bottom of the cup, may hold the key to the long life enjoyed by the inhabitants of the eastern Aegean island of Icaria, an Athens University study has found.

Led by Dr. Gerasimos Siasos of the University of Athens Medical School, the study was prompted by data suggesting that while only 0.1 percent of Europeans live to be 90 and older, on the island of Icaria, the figure was 1 percent - one of the highest longevity rates anywhere.

According to the study, which was published in the journal *Vascular*

Medicine, «boiled Greek type of coffee, which is rich in polyphenols and antioxidants and contains only a moderate amount of caffeine, seems to gather benefits compared to other coffee beverages», United Press International quoted Siasos as saying in a statement.

Siasos's team screened 71 men and 71 women from the island's permanent over-65 population of 673, checking for high blood pressure, diabetes and other medical conditions and questioning them on their health, lifestyles and coffee drinking - 87 percent said they drink a cup of Greek coffee every day.

## Cyprus Finance Minister Sarris on his way out

Cypriot Finance Minister Michalis Sarris is about to be replaced upon his return from his current trip to Moscow, Kathimerini understands, as he no longer enjoys the support of President Nicos Anastasiades following his handling of the crisis, although the minister denied there was any truth in that.

Sarris is seen to have failed to show the resistance Nicosia needed in order to avert the set of measures that has undermined the credibility of the Cypriot credit system and created turmoil across the world's markets.

He is also considered to be the target of criticism by Moscow for accepting the Eurogroup decision of last Saturday in favor of a haircut on all bank accounts.

Sarris denied reports that he had resigned, telling Reuters by text message there was «no truth» to the reports.

Sarris set off to Moscow on Tuesday afternoon to have talks with his Russian counterpart in the wake of the Eurogroup decision that will affect thousands of Russian depositors in Cypriot lenders.



His departure from the ministry will also be used to calm down public opinion in Cyprus.

The head of the Financial Committee of the Cypriot Parliament, Nikolas Papadopoulos, a Democratic Party (DIKO) deputy, asked on Monday for the replacement of Sarris in order for Brussels to get the message that Cyprus will not accept the bank account haircut, as well as to appease Moscow.

Athens News Agency cited a government source saying that «whoever must go and does not quit, will have to be sacked.»

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