

COME ON, COME ALL

# Let's shed light on New Zealand's darkest day

Christchurch Concert Appeal at Parramatta Park set to attract thousands Entertainment, performances and a special candlelit ceremony High profile NRL players to perform a tribute Haka Parramatta City Council to contribute \$10,000 in support of the event On Saturday 16 April 2011, from 2pm – 10pm, thousands will flock to Parramatta Park for the Christchurch Concert Appeal, which aims to help rebuild the city of Christchurch, New Zealand following last month's devastating earthquake. In February this year, a terrifying 6.3-magnitude earthquake shook the city, resulting in the loss of 166 lives and widespread devastation.

The Concert has been organised by the Nga Uri O Rahiri and supported by Parramatta City Council and the New Zealand Consulate General to offer an opportunity for people to come together to remember those who perished, and raise funds for the recovery effort.

An impressive line up of entertainment will perform live, including singing sensations Maisey Rika, Renee Geyer and X Factor stars Mahogany. The concert will be hosted by Kiwi actress Rena Owen, star of the major hit film Once Were Warriors.

To commemorate those who died in the disaster, a spectacular ceremony will take place as 166 candles are carried in by New Zealand and Australian veterans. The Christchurch earthquake that shook Christchurch in February has been recognised as New Zealand's 'darkest day', however the Lord Mayor of Parramatta, Cr Chedid, is confident that the people of Parramatta will help shed some light on the people of Christchurch. "The recovery phase is going to be a lengthy and difficult process for New Zealanders. The earthquake caused devastation that will cost \$4 billion to repair," said Cr Chedid. "Not only do they need financial support, they also need us to encourage them, to let them know that they can get through this. I'm glad Parramatta is playing a part in such a worthy event. "The people of Parramatta have a strong sense of compassion," said Cr Chedid. "I'm still profoundly moved by the outpouring of support



from local businesses and community members who added to Council's donation to raise \$100,000 to help Queensland after the recent floods.

"I'm positive the people of Parramatta will be out in force supporting this

great event and offering support to the people of Christchurch," said Cr Chedid. With the impact of a more recent disaster in Japan, the concert will also pay tribute to those affected by an 8.2 magnitude earthquake and tsunami

that wiped out communities in March. Tickets to the Christchurch Concert Appeal are \$20 per person and will be available at the entrance. For more information go to [www.christchurchconcertappealparramattapark.com](http://www.christchurchconcertappealparramattapark.com)

## Understand your medicine brand choices to avoid mix-ups

Most of us have been asked by a pharmacist if we would like a different medicine brand to what the doctor has prescribed, but what does this really mean?

The latest phase of NPS's Be Medicinewise campaign launches on Sunday 3 April and focuses on medicine brand choices. It aims to educate people about the difference between a brand name and the active ingredient in a medicine, and where to find the active ingredient on the medicine packet or label.

"Switching brands generally has little impact but for some people it can lead to confusion and subsequent medicine mishaps. It's important people understand their medicine options and are able to make informed decisions for their personal circumstances," NPS MedicineWise clinical adviser Danielle Stowasser said.

A number of commonly prescribed medicines come off patent in the next year including Lipitor and Actos, which means there will be new brands of these medicines available, leading to more brand options.

"We want people to feel confident about making medicine brand decisions when they're asked by a pharmacist and to be able to have informed discussions with their doctor and pharmacist," Dr Stowasser said.



A key thing to be aware of when making medicine brand decisions is that medicines with the same active ingredient might not look the same – the size, shape or colour may vary between brands. This is because different companies use different fillers or binders, which are inactive ingredients and don't affect how the medicine works in your body.

This phase of the campaign will commence with TV advertisements on Channel 7, 7TWO and SBS and print advertisements in Pacific Magazines including Men's Health, Women's Health, Better Homes and Gardens and New Idea. Resources for consumers will be available from pharmacies in coming months.

For more information about medicine brand choices go to [www.nps.org.au/medicinewise](http://www.nps.org.au/medicinewise).

The 29th Greek Festival of Sydney in conjunction with Canterbury City Council proudly presents

## THE GREEK FESTIVAL MOONLIGHT CINEMA



Today, Tuesday 5th April 2011

For the first time in the Greek Festival of Sydney program, film will be enjoyed outdoors under the moonlight with the screening of Nisos.

The sell out success of Nisos during last years Greek Film Festival of Sydney makes it the ideal choice for the premiere screening of the Greek Festival Moonlight Cinema.

Nisos is a film of scandalous affairs, unsolved crimes and hidden double lives. One small island can hold a lot of secrets.

After his sudden death, the islands richest man reveals himself as a mischievous troublemaker from beyond the grave. With no one to inherit his estate he offers it to the four leaders of the village, the mayor, the police officer, the teacher and the priest.

There's just one catch, to earn the prize they each have to read a letter to the public detailing their dirty little secrets.

**Gough Whitlam Park**  
**Bayview Ave Undercliffe**  
**Gates Open at 5.30pm**  
**Movie starts at 7.00pm or at sunset**  
**BYO picnic blankets, bean bag lounges and chairs.**  
**Food and beverages are available**  
**Parking is available at Gough Whitlam Park and along Bayview Avenue Undercliffe**

For more information visit [www.canterbury.nsw.gov.au](http://www.canterbury.nsw.gov.au) or [www.greekfestivalofsydney.com.au](http://www.greekfestivalofsydney.com.au)