



## My Greek Family Table

Greekalicious' Maria Bernardis, Georges Mediterranean Bar & Grill and the Greek Festival of Sydney team up to take food lovers on an exploration of culinary delights from the different regions of Greece.

The menu includes a selection of Greek dips with pita bread, Greek salad, Mykonos filo pies with caramelised onion, slow-cooked lamb with potatoes, and baklava with honeyed yoghurt. Each course comes with matching wines.

Treat your taste buds to the accompaniment of Greek music and Maria's lively stories revealing the history and culture of Greek cuisine.

The showcased dishes are from Maria's recent book "My Greek Family Table".

Date Thursday 13 May Time 7.00 pm  
Venue Georges Mediterranean Bar & Grill

The Promenade, King Street Wharf, Sydney

www.georgesrestaurant.com.au

Cost \$95 per person

Contact 02 9295 5044

# Ode to Greece

It doesn't happen very often but last week I was lost for words. The events of the day had shaken me –so I went for a run around the Cinquante-naire to try and clear my head. It was a chilly but relatively clear afternoon, breezy, pretty, with pink clouds fading arvo into eve.

The thoughts however weren't so pretty -what is democracy? What are the limits of freedom of expression? Freedom to demonstrations to public outcries and freedom to appear like your voice is the mainstream when really it counts for almost nought..... And then there was more, the nature of protesting in Greece – how melodramatically tragic that Athens befalls again throughout history and this time at the hand of its own people (just to have a slightly Aristotelian toned thread), and how ironic that it all happens at a time when building up Greece will eventually benefit Europe.

And then it happened, two ducks flew by, I got to the part of the park where you turn left and all of Schuman shines before you as the sun goes down, and a phrase my mother always used to say finally made complete and utter sense (she still says it

from time to time), it resonated.

As the child of Greek migrants in Australia, I too at times was the extension of their voyage. I was by definition an Australian born in the lucky country, but never not Greek, whilst at the same time never completely an Aussie either. It's a strange and wonderful balance where you belong to both and neither countries, when I finally get a shrink it'll take years to unravel...

My mother (to backtrack and get to the point) used to often quote the great Greek author Nikos Kazantzakis when she referred to the typical experience of being Greek outside of Greece – it roughly translates to something like this "wherever I go, Greece always hurts me" but the nuance of hurt derives from the word pligonei, more akin to disappoints or wounds me.

It's a phrase that I suppose had more meaning to those like my father who had fled the country in response to a far right military junta where he saw his country pulled into forceful rule that denied any access to human rights, and then throughout the years it has been watered down to generalities stemming from policies to business deals to a busy

and hectic city like Athens that really has its own inbuilt mode d'emploi.

Coming face to face with this system is what these new measures mean to accomplish coincidentally.

This famous quote by Kazantzakis doesn't only tell you that perhaps Greece has made some bad choices in the past, but also one key element that is hard for those who are not connected to Greece to understand – how beloved the country is.

For only when you love something can it hurt you, or even affect

you in this way. When my friends called me on the day following actual deaths in the streets of Athens (despite how ridiculous and wrong the circumstances seem) I struggled to find the right words to explain to them how this could have happened. And was 'hurt' once more by the fiery images that hit me the following day as I was in the European Parliament waiting for US Vice President Joe Biden to walk in and looking at a newsstand splashed orange with these images.

Greece rises and falls through history, the word history comes for the Greek word istoria, and yet once in a while it manages to shake the world.

Alia Papageorgiou  
Article from NewEurope

**"wherever I go, Greece always hurts me"**

Nikos Kazantzakis

## HEARTWARMING FAMILY DRAMA PLUS CELEBRITY EXCLUSIVES THIS WEEK ON UBI WORLD TV

... WHERE YOUR HEART BELONGS

From popular family-orientated dramas to exclusive celebrity sightings, interviews and features, UBI World TV brings you an exciting range of great Greek entertainment broadcasting direct from Greece and Cyprus – everyday of the week.

### Children's Playground (Paidiki Hara)– Mega Cosmos

They are your typical family-next-door. Renia and Costas are parents who go through everything a modern family faces. Call them heroes of the modern times - putting up with the stressful daily routine of family life, raising three sons aged 8, 12 and 15.

Renia is an architect who tries to combine career with family. She loves chocolate and hates anarchy, but being surrounded by four men she must learn to live with it!

Costas, husband and a big kid rolled into one, is proud of three things: his



family, the island Syros where he was born, and the best-seller book he wrote when he was 18 years old. These days, Costas is a work-from-home scriptwriter who works full-time raising his three mischievous boys!

An enjoyable comedy that shows the funny bits and the lighter side of day-to-day life raising a family of five, Children's Playground airs every Sunday at

18:40pm AEST (Rpt. Monday 10:00am) on Greece's number one TV channel, Mega Cosmos, exclusively on UBI.

### Gala - Star

Join Gala and Maria Stamateri this week, as the show travels around Greece and abroad, not only to show

exotic and exciting places and locations but also to chat with beloved faces and celebrities from the world of art.

As always, Maria Stamateri brings you revealing interviews with popular celebrities and her A-list guests. Her guests' confessions will move you, surprise you and impress you! You'll discover hidden secrets from the unknown life of celebrated artists. Combined with interesting topics for discussion are surprising videos that will peel more layers uncovering the fascinating lives of your favorite celebrities.

Don't miss Gala on Sunday at 21.00pm AEST on the Greek channel where the brightest stars shine, Star, exclusively on UBI.

Get the largest and the best Greek TV and radio service in Australia and New Zealand. Subscribe NOW to receive a great offer. Simply call 1300 400 800 from anywhere in Australia, 0800 4000 23 from anywhere in New Zealand or visit [www.ubiworldtv.com](http://www.ubiworldtv.com).