Chris Pikis Black Belt Karate Kid

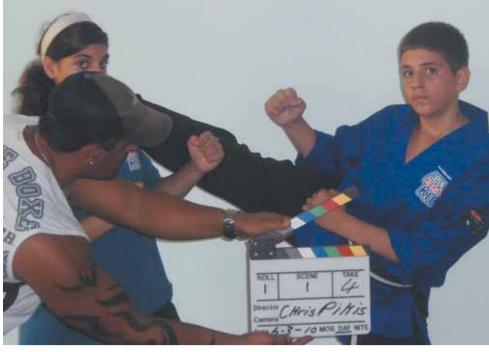
KARATE exponent Chris Pikis has been dubbed by a TV network as the new "karate kid". The 13-year-old from Preston's has become a media star since the Leader broke the story on October 7 about Chris using his karate skills to fend off an attempted abduction.

hris featured in a story broadcast on Channel 9 news fol-✓lowed by a live interview in the studio by Today show host Lisa Wilkinson. Chris has also appeared on channel nines Kerri-Anne Morning Show recently creating awareness for other children to help them avoid the situation he faced when coming home from school on the bus.

He demonstrated some simple yet effective moves with his Sensei and friends; he also provided some safety tips children can follow to stay safe.



On Sunday the 2nd May 2010 after an 8 year Martial Arts Journey and 3 hour grading made up of Kata (Basics in Flowing Form) Basic techniques, Stances and Kumite (Fighting Sparring) skills. Chris was awarded the rank of Shodan Ho Black Belt in the Martial Art of Karate-Do, his dedication and commitment continues with the youngster aiming to achieve his 1st Dan Black Belt in Okinawan



Kobudo Karate Weapons later this year.

Chris will continue to focus on child stranger danger awareness and his fundraising event for the Children's Hospital at Westmead, while mid May will see the release of Chris' Movie reel clip, which will include Chris' highlights recent media attention and training / preparation for upcoming Commercial / Television / Film productions.

If you would like to view the sample clip, or help Chris by donating funds to the Children's Hospital at Westyou www.aussiekaratekid.com.au



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> Meanwhile, Thanasis Patras not only gives Dina a hand in the kitchen, but also he ventures out of the pantry, looking for traditional recipes and along the way introduces viewers to his new friends who share their cher-

> > ished recipes. Antonia



Katti is not visible on screen, but she ensures that every dish served up is beautifully presented, decorated and garnished.

Join Dina Nikolaou and Thanisi Patra as they feed their Hungry Agents every day MON. to FRI. at 17:15pm AEST (Rpt. on Sat. and Sun 14:45pm) on the star-studded Greek channel Star, exclusively on UBI.

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