

## GREEK ORTHODOX PARISH &amp; COMMUNITY OF BURWOOD AND DISTRICT ST. NECTARIOS

# Palm Sunday Lunch

Palm Sunday at St Nectarios Burwood saw the beginning of one of the most important weeks of the Greek Orthodox Church calendar. Hundreds of parishioners attended a spiritually enriched service. The service was followed by a light lunch held at the Burwood Community Hall.

Over three weeks of planning and preparations saw the Ladies Philoptochos put on Palm Sunday lunch for almost three hundred guests. Due to tickets being sold out weeks prior to the event unfortunately some parishioners had to be turned away.

The day started early in the morning with some of the Ladies handing out concardes at the Church while others commenced preparations at the hall. The kitchen was a buzz of activity with salads being tossed, various dips being plated, potatoes chopped and fish being prepared for grilling.



As Parishioners began to arrive they were escorted to their allocated tables and feasted on traditional fasting food. Fr John blessed the meal and the fish meal was served. With almost 300 meals to be plated, the volunteers tried to maintain a steady flow of food to the tables and acknowl-



edged the patience and understanding of the Parishioners under testing conditions.

The children that attended the Palm Sunday lunch received a chocolate Easter egg which was very much appreciated. Generous gifts were also donated to be raffled on the day. Once the raffle was drawn fruit platters were served to quench the palate of the Parishioners.

As the day drew to an end compliments and good wishes were extended to the Ladies Philoptochos for a job well done. The Ladies Philoptochos is made up of volunteers who selflessly and effortlessly give up their time to assist and support the Church and Community. The Ladies Philoptochos would like to thank the Community for their ongoing support for another successful event.



The small gift of your time can make a world of difference to someone who is lonely. Compeer is an award-winning program that matches friendly and caring volunteers in one-on-one friendship with a person of the same gender living with a mental illness.

Taking part is flexible, enjoyable and rewarding. Volunteers are asked to spend an hour a week for at least 12 months with their Compeer friend, taking part in activities such as having coffee, going for a walk, or whatever you and your friend decide to do together.

We are currently seeking a female volunteer aged 60+ years who speaks Greek and lives (or is able to travel to) the Chatswood area. Free training and ongoing support is offered. The next volunteer training session will be held over two consecutive Saturdays 10th & 17th April 2010 at the St Vincent de Paul office at Lewisham. Please phone Daniel Wilson on 9413 3091 for more information or email: [compeer.chatswoodn@vinnies.org.au](mailto:compeer.chatswoodn@vinnies.org.au).

## Girl-powered cars prove a racier option

AN all-female group of students from Sutherland Shire has headed south to compete in the national championships of the F1 School's Competition.

The five year 9 apprentice students from Gynea Technology High School travelled to Melbourne yesterday for the contest organised by Re-engineering Australia.

Timed to coincide with the

annual Australian Grand Prix racing event, its aim is to give greater educational opportunities to youth in the areas of engineering, manufacturing and design.

The competition is held in more than 30 countries and the students will represent their school for the first time.

They were named state winners last October, when

they received the "fastest car award" and title of apprentice class champions.

Their cars, which are powered by CO2 bulbs, were tested during a "track day" event at the school last Friday.

Radio announcer "Jonesy" from WSFM checked out the student projects, designed by the team members.

Year 9 and 10 student representatives from Engadine High School, who are the NSW pro-junior champions, also went to Melbourne to compete in the national final.

Their all-male team includes Ben Corbett, Eddie Townsend, Josh Gilmore, Steven Georgalas and Alec DeGennaro.

Article from *The Leader*  
BY EVA TEJSZERSKI

