







KARATE exponent Chris Pikis has been dubbed by a TV network as the new "karate kid". The 13-year-old from Preston's has become a media star since the Leader broke the story on October 7 about Chris using his karate skills to fend off an attempted abduction.

hris featured in a story broadcast on Channel 9 news followed by a live interview in the studio by Today show host Lisa Wilkinson.

As the media attention continues and general public interest grows Chris with the help of his farther has developed a website. To make, other children more aware of stranger danger. He hoped he would be able to give others the confidence to say no to a stranger.

"If they do not know karate, they should be confident and scream for help and do anything they can to get away."

"[It] has completely changed me and the way I think. It makes me want to help other people avoid what happened to me," Chris said.

## **Chris Pikis Kobudo Training**

Chris Pikis has been training with Tactical Defence Studios in Kobudo since 2009.

As he continued his Martial Arts journey, his fascination of action packed movies and Martial Arts heroes continued to include the legendary Bruce Lee, Jet Li, and many more all of which incorporate traditional weapons in countless movie scenes.

Chris could not wait to be a part of such training, but was held back to achieve the highest of standards and quality with his Karate training.

At the age of 12, he pleaded with his father to allow him to take up the art, in such little time the grades achieved, Tournament results, understanding and application of the art speaks for itself. Today Chris continues to train side by side with his sister Andrea.

## **Chris Pikis Karate Training**

Chris Pikis has been training with Go-

Kan-Ryu (GKR) Karate since 2002.

Born in 1996 in Sydney, Chris spent most of his time watching Power Ranger, Teenage Mutant Ninja Turtles, and The Karate Kid series repeatedly.

It was at the age of six when his fascination of Karate became a reality, when the local Go-Kan-Ryu Self Defence Consultant (SDC) come round to the house recruiting new members.

Over the next 7 years, he continued to train in martial arts while gaining confidence and inner security.

He has competed in numerous Tournaments and was a member of the elite NSW GKR State Tournament Team for a period of 3 years.

Today Chris Lives in Sydney, Australia and trains 5 to 6 days a week with his sister Andrea, Mother Fiona and Father Nicholas.

## Chris secures first sponsorship with Zett Sports

The 13 year old from Preston's has recently secured his first sponsorship with Zett Sports, agreeing to supply him with Karate gear.

## Aussie Karate Kid part of McHappy Day

Chris would like to thank everyone who supported him and McHappy Day on Saturday November 14th 2009. Helping raise money for Ronald McDonald's Charities.

McHappy Day is one of Australia's largest annual fund raising events. Join us on Saturday November 14th and help us raise money for Ronald McDonald's Charities to support seriously ill children and keep them close to their families.