

# Hottest Greek Mum Shares her Beauty Secrets

*Eleni Ratnayka won the third prize, the Ovarian Cancer Award, at the International Mrs World Australia competition last month. Eleni is a 25 year old Greek Cypriot and entered the competition -which is exclusively for married women- as she is married with two children.*



**- How long have you been modeling for?**  
- Since I was 19-20 years old. I did modeling for Grand Prix, Auto Salons, and many other companies. It has always been interesting & different.

**- How old are your children?**  
The one is 4 and is called Tarren and the other is 4 months old and called Kalen.

**- How did you manage to get back to modelling after 4 months (since the birth of the 2nd child)?**

- I went back to work straight away. I never dieted. I never exercised.

I was just lucky. Even the second time I didn't get any stretch marks or have any weight issues, so I just continued.

**- That's fantastic! So where exactly are your parents from?**

- My mum's from Cyprus and my Dad's from mainland Greece and I was born over here. I have only visited

Cyprus, not Greece yet.

**- I wish you all the best in all your future endeavours. Do you mind my asking you your age?**

- I am 25 years old.

**- And how do you find balancing work and family commitments?**

- A little bit hard. My husband's family is overseas. And my Mum works.

Also my husband works all day too. I manage to squeeze it (work) in here & there amongst my household duties. I can't stop working; there's no point in wasting time.

**- Do you speak Greek at all?**

- I understand Greek and can read it, can speak it but not fluently and I don't speak it at all at home

**- To whom would you like to dedicate the award you received?**

- The award I won is for everyone that helped by donating and also for those

that have been diagnosed with ovarian cancer

**- You've mentioned you work with youth in your Melbourne suburb- what is it exactly that you do?**

- I mentor youth and would like to lead the young on the right path

**- How important do you think a woman's appearance is? Especially one with children?**

- A women's appearance is really only important to how the individual feels about how comfortable they are in their own skin and have a choice to modify their appearance with make-up etc which can help them feel better, although in reality you are judged by others upon your physical appearance. After having children it's important to take care of yourself but as long as you feel good and are healthy then trying to

look almost perfect is not necessary. Some people as celebrities have babysitters, nutritionists, personal trainers and can afford to get back into shape and others are naturally able to bounce back to shape with no diet and exercise as myself

**- Do you prefer Greek or Sri-lankan food?**

- At home I cook all types of food and so we not only enjoy Greek and Sri Lankan food although I think Sri Lankan is my preference

**- What do you hope to achieve by winning the Ovarian Cancer award?**

- By winning the ovarian cancer award I hope to spread awareness of this cancer further and to help those diagnosed and surviving



**- What are your current projects? Any future projects?**

- I'm still deciding on my future and what I prosper to continue with

**- Any culture conflicts in the family (Greek Sri-lankan)?**

- Their are no culture or religious conflicts, my husbands Buddhist and I'm orthodox but we just believe in giving and being good people and thats the most important aspect of any religion I believe.

**- Thanks so much for your time, Eleni and all the best!**

## Hot New Reality Show, "Perfect Catch" set in the beautiful Greek Isles

Eight sexy and single contestants will be island hopping the Greek Isles in search for their "Perfect Catch".

The host of the show will be Carmen Electra, who will lead them on this quest for love. Carmen is in awe of Greece's islands. She states, "The Greek islands are just beautiful. If you're going to find sexy gorgeous people anywhere in the world it has to be there. Everyone is beautiful! I couldn't choose a favourite as I loved them all and can't wait to back one day."



The group of four males and four females have come from all around the globe to participate in the contest. They will visit six islands competing to find their ideal match. The show will brag sites of the most precious gems of the Aegean, including Mykonos, Paros, Rhodes, Santorini, and the like. The player who will succeed in catching the perfect mate will win a \$50,000 prize.

You can Tune onto E! to watch "Perfect Catch" on Sunday nights. Lets see what romance will sizzle under the sun of the Greek isles...



## The twisted killer of Eleni Pachou loses jail appeal

A KILLER has failed in a bid to have his prison sentence cut for the brutal murder of a former work colleague at a restaurant. Juan Crispin, 38, claimed the 20-year minimum term he must serve under a life sentence for the murder of Eleni Pachou was excessive. But judges at the Court of Criminal Appeal in Edinburgh said the sentence was "entirely appropriate" even for a first offender. Lady Paton, hearing the appeal with Lord Carloway, said: "It was a truly appalling and despicable crime with many aggravating features, not least that an accomplished young woman lost her life in a nightmare attack." She said Crispin had tricked his former colleague into a late-night meeting at Di Maggio's in Glasgow's Byres Road area in May last year "when there was no one nearby to help or protect her". Greek national Ms Pachou, 25, (foto) died after suffering 17 stab wounds. More than £1300 had been taken from the safe. Crispin's former lover, Marion Hinshelwood, 44, said he had planned the robbery as he was desperate for money. Cleaner Hinshelwood, of Dowanhill, Glasgow, pled guilty to the culpable homicide of the victim on the basis that she had provided the knife. She was jailed for four and a half years.

(source: daily record)