

PEOPLE LIKE US...

Every week, "Kosmos" newspaper will be presenting stories of Greeks in Australia. If you would like to share your story with us, send us an email and your favourite photo at: kosmos@kosmos.com.au



Two words about me:
Can't Stop

Where was I born:
Sydney Australia

Date of birth:
26th September 1976

My origins:
Thessalia Greece

Two words about my family:
My immediate family and I work together so it is difficult to "briefly" sum them up. They are amazing people and have gone through a lot but have always prevailed.

About my work:
I run a food distribution company with my family.

My interests:
I love the Arts. My main aim is to be able to bring the original culture of theatre back to life. It's not about the glory it's about the story. If I can affect people in a good way then I am satisfied.

About my life in Australia:
My life in Australia ...where do I start??? Home is where the heart is and my heart is definitely here. I work full time in a family operated food dis-

Helena Stamoulis runs food distribution company

tribution company, we supply restaurants, cafés, bistros, take aways and other food outlets with a huge variety of food products. I am also involved with theatre and co-produce and perform with The Bulldog Theatre Company which has just recently come off a successful season of Alex & Eve "The Wedding" and which has 2 shows announced this August.

My relationship with Greece:
I love the history and the culture and it is a part of my life. I am privileged to be a part of it. I apply the positives every day. We have a rich and beautiful language and the "greekness" has been instilled in me from a very young age. My parents made sure that I learnt and respected Greece and everything it has to offer as they did Australia.

What I like about living in Australia:
I love Australia because it is my home, it is my life and it is me. Australia has beauty and culture and it is

an honour to be part of this land. I am honored to be living in this great country considering that the land was ripped away from the true people, the indigenous people. In saying that, Australia has evolved and has been developed due to the Europeans and other foreigners that came here. I like the fact that Australia is so multicultural now. It enriches our lives and helps us develop as people. It teaches us empathy & understanding and helps us be more open minded.

What I don't like about living in Australia:
Hmmm!?!?!? I guess I find Australia maybe a little too limiting and a little too routine orientated. I believe that as humans we need to be able to step outside the box. I rarely see people "doing what they want to" or at least striving for it. People fall into a "system" and this system kills creativity and freedom.

If I would like to live in Greece one day and why:
I have lived in Greece. I enjoyed it



but it's nothing like Australia.

My personal big dream:
To one day be able to run a multinational company without any problems AT ALL...or Hollywood!...you did say big dreams right?

My life philosophy:
I have many philosophies and mottos... I can't handle people that winge over little things, there is always worse out there. I get inspired by people and I guess my two main mottos are "Get on with it" & "Do what you gotta do and smile while you're doing it".

For three brothers in Australia

Pole vault is a family affair

For brothers Dimitris, Theofilos and Kimon Toumazos from Adelaide, Australia, pole vault is above all a family affair. Besides, the sports "gene" is strong: their grandfather, Theofilos K. Toumazos, from Stylli, Ammochostos, was US champion in Greco-Roman and freestyle wrestling in 1920 (and for many years thereafter) and represented Greece in the Amsterdam Olympic Games in 1928.

The oldest brother, 17year old Theofilos Toumazos who comes originally from the Greek islands, (his father Pavlos Toumazos is Cypriot and his mother Irene is from Andros and Ikaria) jumped over 4.55 metres last October and came first in pole vault in the under 18 category in Australia, may have to compete for first place in the near future with 15year old Dimitris and 13 year old Kimon.



POLE POSITION: Brothers Dmitri, Theofilos and Kimon Toumazos are all performing well in the pole vault pit.

Dr. Stan Skafidas

Dr. Stan Skafidas, 37 year-old Greek ethnic University Professor, is considered by Australians as one of the top achievers in wireless technology and was recently voted by the readers of "The Age" newspaper as one of the brightest and efficient minds for 2008.

The ethnic Greek professor was selected for the announcement he made together with his associates of the design of a microchip that will radically change the operation of computers and other digital devices. Following intensive research and hard work for three years Dr. Skafidas and his associates announced the

design of a wireless microchip that will only cost 10 dollars, which may rapidly transfer huge amounts of information, images and sounds within a range of up to ten metres.

