

# Petar's is tops for seafood

FROM its iconic corner position overlooking Botany Bay at Brighton Le-Sands, Petar's Seafood Restaurant has been delighting diners for more than 30 years. This long-established restaurant on the corner of Bay Street and the Grand Parade, has won a reputation for quality throughout St George and beyond with regular patrons including young parents who were introduced to Petar's by their parents!

Operating on two levels the upstairs dining room can be booked for private functions - Petar's is open for lunch and dinner seven days a week.

Not surprisingly, the menu concentrates on fresh seafood, but lamb beef and chicken are also available. Chicken marsala for example, is baked chicken breast with provolone cheese and prosciutto.

Seafood dishes include salmon fillet, whole snapper, John Dory and barbecued prawns served with chilli garlic sauce.

*Article from St George and Sutherland Shire Leader*

CAPTION: Delighting diners: Owner and manager Manuel Belogiannis and chef Jim Manos at Petar's Seafood Restaurant



## British dialects "on brink of extinction"

LONDON (Reuters) - Britons are struggling to get to grips with the country's rich vocabulary of regional dialects to such an extent that they are "teetering on the brink of extinction," according to a linguistics professor.

A survey of 3,000 people revealed 90 percent of Britons could identify foreign words such as "hasta la vista -- the Spanish for "see you later" -- but only 34 percent knew "scran" was the Merseyside expression for food. And while 85 percent of Britons knew "weiner" was German for sausage, almost half did not know the Cornish word "oggy" was a pie, thinking it was a cream tea or a soccer chant.

A quarter of Britons thought the Cornish word for tourists -- "emmets" -- came from Spain or Greece, with a fifth of respondents thinking the Yorkshire term for a silly person - "a daft ha-porth" -- was a Danish or Polish phrase.

"The diversity of regional dialects in the UK should be celebrated but this research shows that they're teetering on the brink of extinction," said professor Paul Kerswill of Lancaster University.

"Britons should be encouraged to experience the rich diversity of accents and language in their own country to help keep the idiosyncrasies of the English language alive." Commissioned by hotel chain Travelodge, the One Poll survey was carried out in September.

# Greece is top seller with Aussie travellers

*By Patrick Caruana  
Article from News.com*

GREECE has been given the nod as the top place to visit for Australians in 2009.

Flight Centre listed Greece at number one in its annual Top 10 Where To Go list, thanks to the country's "simple pleasures".

The list is based on the company's top selling destination data, showing the countries that have consistently gained popularity over the past 12 months and will be the places to be seen in 2009.

"Greece offers ... an affordable holiday, delicious food at reasonable prices, cheap sailing, local wine, beautiful beaches, sunshine, quaint villages ... and little islands full of scenic surprises," Flight Centre says.

The tiny nation of Brunei



is a surprise at number two, and Flight Centre says it "offers a unique blend of modern refinement, scenic allure, cultural reverence and majestic opulence for the discerning traveller".

Croatia charts at number three this year, with its "sublime stretch of the Adriatic coast" and the atmosphere of towns and villages proving a favourite with Australian tourists.

Vietnam confirmed its status as a hotspot for western tourists - it sits at number four on the list, and Flight Centre is full of praise for the destination.

"Vietnam is rich with its perfect balance between ancient times and the here

and now, and its people welcoming visitors with open arms," Flight Centre says. The tiny Pacific island of New Caledonia - France's "best kept secret" - is number five on the list.

Still a favourite for Aussie tourists and known as the "Island Of The Gods", Bali is ranked at number six this year.

At number seven is Mexico, popular for its native American heritage and distinct Spanish flavour.

The Czech Republic is number eight on the list, and Flight Centre says this is because of the "culture and charm" of the city of Prague.

"Prague is a beautiful city of spires and a visual feast of the medieval, baroque and art nouveau architecture," the release says.

"(It is) favoured particularly by the discerning traveller seeking culture and charm rather than pizzazz and parties."

Booming Dubai has seen the United Arab Emirates shoot to number nine, and there has been a sharp increase in the amount of flights from Australia to Dubai.

Spain is number 10 this year, and has benefited from becoming the beach resort of Europe, thanks to budget airlines and affordable fares.

## Busy young Greeks turning to junk food

Students and young employees say they increasingly rely on fast food due to excessive hours at their desks, a new study has shown. According to a poll conducted by the research and educational insti-

tute IEK Domi on a sample of Greeks aged 18 to 29, more than half (52 percent) claim to have changed their eating habits over the past three years, with a third (36 percent) saying they often opt for convenience food. Half (45 percent) said they eat fast food up to five times a week.

As for the reasons behind the unhealthy shift in eating habits, 40 percent blamed their working hours or studies.

Asked to describe the Mediterranean diet, half (48 percent) could not, while 21 percent said they believed "healthy eating" was all about moderation. But the majority (72 percent) said they wanted to learn more about what constitutes a healthy diet.

## Athens University among top 200 universities around the world

A Greek University for the first time has ranked amongst the highest and most important in the world. The Times Higher Education - QS World University Rankings recently identified the world's top 100 universities in 2008; ranking the institutions on six factors including academic peer review; employer review; faculty/student ratio; citations per faculty; international faculty, and international students. The National and Kapodistrian University of Athens ranked in number 200 on the list. (Last place but hey better than not being on there at all!) The National and Kapodistrian University of Athens has been educating students for 170 years and was not only the first University to open in Greece but in the whole Balkan region. It's main campus is in the Ilissia suburb of Athens. For more info on this university click on their website. Last week it was reported that Greece's 23rd university will be opened in the city of Agrinio in central Greece.

