



THE FOODIES' GUIDE TO SYDNEY – IN STORES OCTOBER 1

MORE THAN 450 BUTCHERS, BAKERS, FOOD STORES AND CHOCOLATE MAKERS

THE FOODIES' GUIDE TO SYDNEY 2009

EDITED BY HELEN GREENWOOD AND JOHN NEWTON

The third edition of The Foodies' Guide to Sydney is about to hit the shelves for 2009. Authors Helen Greenwood and John Newton have again sought out and listed details and descriptions for more than 400 of the city's finest food shops. This comprehensive guide contains more than 30 chapters listing the best places to buy everything from pastries to hand made pasta, artisan breads and cheeses, the freshest fish and the pick of the country's fruit and vegetables – with an emphasis on the finest local produce.

The Foodies' Guide to Sydney 2009 is a must-have for locals and visitors alike. In a format that begins with 'A' for Asian and ends with 'W' for World Food, readers can navigate the guide by category or suburb and then find their way to each location using the handy maps at the back of the book.

The Foodies' Guide to Sydney 2009 also reveals the winners of the Foodies' Awards and Foodies' Achievement Awards. Greenwood and Newton acknowledge the best in the business according to three criteria: excellence of offer, product knowledge and the pleasure of the retail experience.

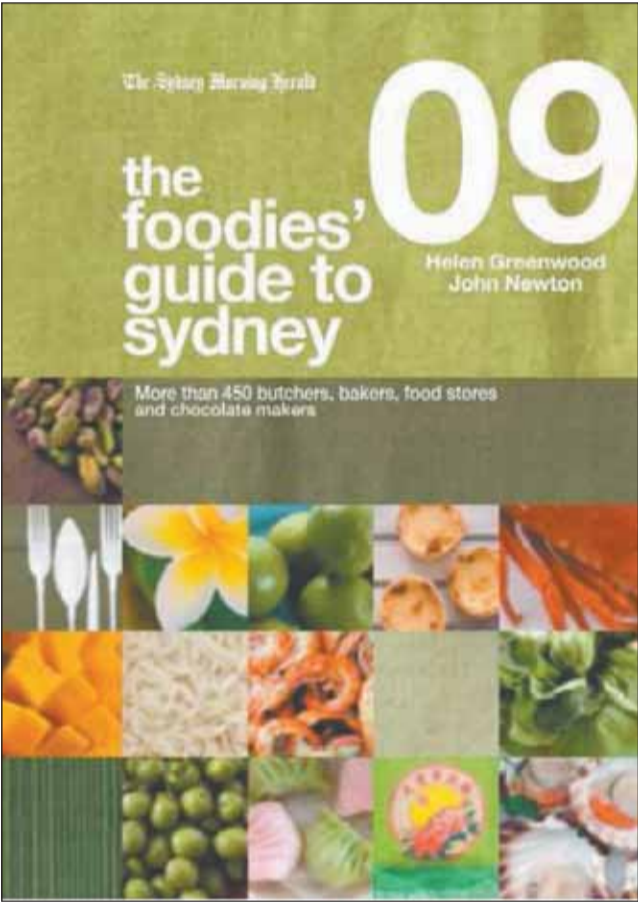
The two categories of awards recognise different areas of retail achievement.

Foodies' Awards go to vendors who offer superior produce and service, and Foodies' Achievement Awards have been given to retailers who lift Sydney's food standards by their dedication and cultural contribution.

On Monday, October 20 at 7pm, The Foodies' Guide to Sydney 2009 editors Helen Greenwood and John Newton will officially celebrate the launch of this years guide with a sustainable dining event held at Bilson's Number One Wine Bar, 1 Alfred Street, Circular Quay. Tickets are \$100 including three courses with matching Brown Brothers Wines. Call 02 8252 9296 to secure your booking. Seats are limited.

About the Editors:

Helen Greenwood has been a food writer and editor for nearly 20 years. She pens The Sydney Morning Herald's Off The Shelf column weekly, and reviews restaurants for its Saturday Spectrum section, Weekend Dining. During her extensive career tracking food trends, Greenwood has been founding food editor for Elle magazine and editor of The Sydney Morning Herald's Good Living section. She has also edited the SMH Good Food Guide and continues to review for this publication. These days, Greenwood shares her knowledge with



aspiring food writers and chefs by running food writing workshops, and managing food tours of Sydney.

John Newton is a Sydney based freelance writer, journalist and novelist. Some of his other food books are Wogfood, An Oral History With Recipes; Fresh From Italy; with Stefano Manfredi; and bel mondo beautiful world also with Stefano Manfredi. He has also written A Little Taste of Spain, The Cooking of Spain, and Beppi: a life in three courses with Beppi Polese. He is co- editor of the restaurant guide, Sydney Eats, and has written two novels: Whoring and The Man Who Painted Women. He writes for The Sydney Morning Herald, The Age, Slow International and a wine column for Organic Gardening. He teaches a course, Writing About Food, at UTS. He has won several awards for his food writing, including the Gold Ladle for Best Food Journalist in the 2005 World Food Media Awards.

The winners of the Foodies' Awards for 2009 are:

- Bread Victoire, Balmain
- Butchers and poulterers Hudson Meats, Surry Hills
- Cakes, biscuits and pastries Yellow Bistro & Food Store, Potts Point
- Cheese Blackwattle Deli, Pyrmont
- Chocolate and Confectionery Belle Fleur,

- Rozelle
- Delicatessens Queen Street Deli, Woollahra
 - Food stores Simon Johnson Purveyor of Quality Foods, Alexandria, Castlecrag, Pyrmont and Woollahra
 - Ice-cream and gelato Gelato Messina, Darlinghurst
 - Markets Hawkesbury Harvest Farmers' & Gourmet Food Markets, Rouse Hill
 - Organic food Granny Smith Natural Food Market, Wahroonga
 - Smallgoods Lazar's Butchery, Petersham
 - Greengrocers Minchinbury Fruit Market, Minchinbury
 - Tea T2, Bondi Junction, Chatswood, City, Hornsby, Newtown, North Ryde
 - Wine merchants Annandale Cellars, Annandale
 - Pasta Pasta Emilia, Bronte

The winners of the Foodies' Achievement Awards for 2009 are:

- The Lifetime Achievement Award: Pontip Walpole. This award recognises those who have dedicated their life to service and excellence in food retailing.
- The Joe Antico Young Achievers Award: Leanne Beck, Sweet Infinity, Woolloomooloo. This award recognizes those who have already achieved so much and have a great future.

Credit to The Sydney Morning Herald's The Foodies' Guide to Sydney 2009 the publication.

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